

Suggested Use: As a dietary supplement, adults take six (6) tablets with a meal or three (3) tablets, twice (2) daily with meals for maximum benefits. Keep out of reach of children.

Bone Support is a comprehensive, synergistic formulation of essential vitamins and minerals designed to support healthy bone density. In addition to providing 100% of the daily value for calcium and magnesium, Bone Support also contains 1,000 IU of Vitamin D-3 and 45 mcg of Vitamin K-2 to maximize calcium absorption and utilization. †

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

QUALITY AND POTENCY GUARANTEED.

BONE SUPPORT[†]

**For optimal
bone density[†]**



Dietary Supplement
120 Tablets

Supplement Facts

Serving Size: 6 Tablets

Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	150 mg 250%
Vitamin D-3 (as cholecalciferol)	1,000 IU 250%
Vitamin K-2 (as menaquinone-7)	45 mcg 56%
Calcium (as citrate, hydroxyapatite, fructoborate)	1,000 mg 100%
Phosphorus (as hydroxyapatite)	20 mg 2%
Magnesium (as oxide, citrate)	400 mg 100%
Zinc (as monomethionine)**	10 mg 67%
Copper (as citrate)	1 mg 50%
Manganese (as citrate)	1 mg 50%
Potassium (as citrate)	99 mg 3%
Boron (as calcium fructoborate)***	3 mg *
Horsetail Extract (<i>Equisetum arvense</i>) aerial part	100 mg *
Betaine Hydrochloride	75 mg *

*Daily Value not established

Other Ingredients: Cellulose, stearic acid, modified cellulose, magnesium stearate, silica.

Contains No sugar, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

**L-OptiZinc, Interhealth USA

***FruiteX-B® calcium fructoborate, VDF Futureceuticals