Supplement Facts

Serving Size: 2 Softgels Servings Per Container: 30

(Curcurbita pepo)

	Amount Per Serving	•
Calories	20	
Total Fat	2.0 g	$\dots 3\%^*$
Saturated Fat	$\dots 0.5\bar{\mathrm{g}}\dots$	$\dots 3\%^*$
Polyunsaturated Fat .	1 g	†
Monounsaturated Fat		
Pumpkin Seed Oil	2.0 g (2000mg)	†

* Percent Daily Values are based on 2,000 calorie diet. † Daily value not established

Other Ingredients: Softgel Capsule (bovine gelatin, glycerin, water).

Manufactured and Distributed by:

Penn Herb Company, Ltd. Philadelphia, PA 19154-3293 Www.PennHerb.com / 215-637-HERB

Suggested Use: Take 2 softgels 1 to 2 times daily with food.

Benefits of Pumpkin Seed Oil:

Pumpkin Seed Oil is a nutritional oil with essential fatty acids (EFAs) and phytosterols. Nature's Wonderland® Pumpkin Seed Oil is cold pressed without the use of solvents, and derived only from the highest quality non-GMO pumpkin seeds.*

- Source of Essential Fatty Acids and Phytosterols*
- Supports healthy bladder and urinary function*
 Caution: For Adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Not manufactured with: yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients.
Store in a cool, dry place after opening.
Natural color variations may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





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