

# Supplement Facts

Serving Size: 2 Veg Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value*
MSM .....	2.0 g (2,000 mg)	†
(Methylsulfonylmethane)		

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Cellulose (capsule), Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

**Not manufactured with:** yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.

**Suggested Use:** Take two capsules 1-2 times daily with meals. If intestinal gas occurs, reduce dosage.

Keep in a cool, dry place with lid tightly closed. Natural color variation may occur in this product.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially glaucoma). Keep out of reach of children.

## Benefits of MSM:

MSM is a sulfur-bearing compound that helps to create the chemical links needed to form and maintain certain types of structural tissues of the human body, including connective tissues, such as articular cartilage and skin.\*

- Maintains joint flexibility and comfort\*
- Maintains healthy bones, and cartilage\*
- Supports muscle health\*
- Supports hair, skin, and nails\*

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

