

Suggested Usage: Take 1 lozenge just prior to bedtime as needed. Chew lozenge or hold in mouth until dissolved and swallow.

Melatonin is a potent free radical scavenger naturally produced in the pineal gland.* It is involved in many of the regulatory processes of the body, including regulation of glandular secretory functions related to the maintenance of normal sleep/wake cycles and aspects of immune system function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. May cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of melatonin. Consult physician if pregnant/nursing, taking medication (especially sedatives, immunosuppressants or anticoagulants), or have a medical condition (including diabetes, auto-immune conditions, depressive disorders, cardiovascular conditions and epilepsy). Keep out of reach of children. Contains Xylitol, which is harmful to pets.

This bottle is made from 100% PCR (post-consumer recycled) resin.



Manufactured for and Distributed by:
Penn Herb Co. Ltd.
10601 Decatur Rd. Phila, PA 19154



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Item # V42A



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Nature's Wonderland®

Premium Supplements

Since 1924

MELATONIN

SLEEP SUPPORT*

**Helps Promote
Natural Sleep Cycles***

**180 Chewable Lozenges
Dietary Supplement**

Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	3 mg	176%
Melatonin	3 mg	†

† Daily Value not established.

Other ingredients: Xylitol, Microcrystalline Cellulose, Stearic Acid (vegetable source), Mannitol, Natural Peppermint Flavor and Organic Stevia Leaf Extract (Enzyme-Modified Steviol Glycosides).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.