

Supplement Facts

Serving Size: 3 Softgels

Servings Per Container: 23

	Amount Per Serving	% Daily Value*
Calories	30	
Total Fat	2.5 g	3%
Saturated Fat	1 g	5%
Polyunsaturated Fat	2 g	†
Soy Lecithin (Non-GMO)	3.6 g (3600 mg)	†
Phosphatidyl Choline	500 mg	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Softgel capsule (bovine gelatin, glycerine, water) and Non-GMO Soybean Oil.

Manufactured and Distributed by:

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

www.PennHerb.com / 215-637-HERB

Suggested Use: Take 3 softgels daily.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of the reach of children.

Benefits of Lecithin:

Contains Phosphatidyl Choline, which comprises a major portion of our brain and nervous system. Lecithin also has naturally occurring essential fatty acids and Inositol. Aids in the emulsifying of fats, enabling them to be dispersed in water.*

- Supports brain and nerve function*
- Nervous system support*
- A natural source of essential fatty acids Choline and Inositol*

Not manufactured with: yeast, wheat, gluten, corn, milk, egg, fish or shellfish ingredients.

Natural color variations may occur in this product.

Keep in a cool, dry place with lid tightly closed.

Safety Sealed: Do not accept if inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Non-GMO



V20 245-40-2210V5