

Contains No sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with meals, or as directed by a health care professional.

Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

SUSTAINED RELEASE
**Super Stress
Complex**

**B-Complex Vitamins with 600 mg Vitamin C
and 100 mg Magnesium Per Tablet**

Dietary Supplement
60 Tablets

SUPPLEMENT FACTS

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	600 mg	667%
Thiamin (as thiamine hydrochloride)	100 mg	8,333%
Riboflavin	100 mg	7,692%
Niacin (as niacinamide)	200 mg	1,250%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,882%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	100 mcg	333%
Pantothenic Acid (as d-calcium pantothenate)	200 mg	4,000%
Choline (from choline bitartrate)	40 mg	7%
Magnesium (from magnesium oxide)	100 mg	24%
Para aminobenzoic acid (PABA)	100 mg	*
Inositol	100 mg	*
Valerian (<i>Valeriana officinalis</i>) Root Powder	75 mg	*
Hops (<i>Humulus lupulus</i>) Strobiles Powder	50 mg	*
Scullcap (<i>Scutellaria lateriflora</i>) Herb Powder	50 mg	*

*Daily Value not established

Other Ingredients: Stearic acid, cellulose, silica, magnesium stearate, alfalfa leaf powder, parsley herb powder, rice bran powder, watercross herb powder.