

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 100

| | Amount Per Serving | % Daily Value* |
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| L-Glutamine (free form) | 500 mg | † |
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* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Rice Flour, Gelatin (capsule), Magnesium Stearate (vegetable source).

Not manufactured with: wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Suggested Use: Take 1 capsule, one to three times daily, preferably between meals.

Keep in a cool, dry place with lid tightly closed. Natural color variation may occur in product.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of the reach of children.

Benefits of L-Glutamine:

This is a critical nutrient in athletic supplement programs because it supports muscle mass, protects muscle tissue, helps to reduce muscular stress, and promotes exercise recovery after intense workouts. Glutamine is involved in maintaining a positive nitrogen balance, and it's also a multi-functional amino acid that supports healthy immune, digestive, and mental functions.*

- Maintains healthy muscles*
- Supports muscle mass*

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

