

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

	Amount Per Serving	% Daily Value*
Vitamin C (as Ascorbic Acid).....	50 mg.....	56%
Folate	333 mcg DFE (200 mcg folic acid).....	83%
Vitamin B-12 (As Cyanocobalamin).....	50 mcg.....	2083%
Iron (from Ferrochel® Iron Bisglycinate) ..	27 mg.....	150%
Organic Dong Quai	100 mg	†
(Angelica sinensis)(rhizome/root)		
Red Raspberry (<i>Rubus idaeus</i>)(leaf).....	100 mg	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica Magnesium Stearate (vegetable source) and Vegetarian Coating.

Manufactured and Distributed by:

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

www.PennHerb.com / 215-637-HERB

Suggested Use: Take one tablet daily, preferably with a meal.

Not manufactured with: wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Benefits of Iron Complex:

- From Albion Labs; highly absorbed, well tolerated and non-constipating*
- Plays a critical role in the formation of hemoglobin and red blood cells*

Safety Sealed: Do not accept if inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Caution: For Adults only. Not intended for pregnant/nursing women. Consult physician if taking medication, or have a medical condition.

Natural color variation may occur. Store in a cool, dry place after opening.

Ferrochel® and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Non-GMO



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