

Suggested Usage: Take 2 softgels daily with food.

Our Calcium & Magnesium Softgels include vitamin D-3 and zinc, offering a truly balanced blend of essential minerals. This formula supports strong bones and teeth, as well as healthy enzymatic activity.* Delivered via softgel, this formula is more easily absorbed and assimilated than capsules or tablets.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This bottle is made from 100% PCR (post-consumer recycled) resin.

Item # V28B



Contains Gelatin

Manufactured for and Distributed by:
Penn Herb Co. Ltd.
10601 Decatur Rd. Phila, PA 19154



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Nature's Wonderland
Premium Supplements
Since 1924

CALCIUM & MAGNESIUM

DAILY BONE & MUSCLE SUPPORT*

**With Vitamin D-3 & Zinc
Highly Absorbable**

**120 Softgels
Dietary Supplement**

Supplement Facts

Serving Size 2 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin D (as D ₃ Cholecalciferol) (from Lanolin)	10 mcg (400 IU)	50%
Calcium (elemental) (from 1,797 mg complex of Calcium Carbonate and Citrate)	667 mg	51%
Magnesium (elemental) (from 590 mg complex of Magnesium Oxide and Citrate)	333 mg	79%
Zinc (elemental) (from 41 mg Zinc Oxide)	25 mg	227%

Other ingredients: Rice Bran Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, zinc oxide], Sunflower Lecithin and Beeswax.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Store in a cool, dry place after opening.