## **Supplement Facts**

Serving Size: 3 Softgels Servings Per Container: 20

Amount	% Daily
Per Serving	Value*

Vitamin D3	. 15 mcg (600 IU) 75%	
(as Cholecalciferol) (from Lanolin)		
Calcium	. 1.0 g (1,000 mg) 77%	
(from Calcium Carbonate & Citrate)		
Magnesium	500 mg 119%	
(from Magnesium Oxide & Citrate)		
Zinc (from Zinc Oxide) .	10 mg 91%	

<sup>\*</sup> Percent Daily Values are based on 2,000 calorie diet. † Daily value not established

Other Ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water, calcium carbonate) Soy Lecithin and Beeswax.

## Manufactured and Distributed by:

Penn Herb Company, Ltd. Philadelphia, PA 19154-3293 Www.PennHerb.com / 215-637-HERB

**Suggested Use:** As a dietary supplement, take 3 softgels daily, preferably in divided doses with meals.

## Benefits of Calcium & Magnesium:

This balanced and synergistic blend of essential minerals supports strong bones and teeth, healthy enzymatic activity, and provides antioxidant support.\*

- Supports strong bones and healthy teeth\*
- Supports healthy enzymatic activity\*
- With added bone support of D3 & Zinc\*

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of the reach of children.

**Not manufactured with:** wheat, gluten, milk, egg, fish or shellfish ingredients.

Keep in a cool, dry place with lid tightly closed. Natural color variation may occur.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



