

SUGGESTED USAGE: Take 4 capsules daily, preferably with juice.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.



Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 4 Capsule Serving	Non-Essential Amino Acids	mg Per 4 Capsule Serving
L-Histidine	37	L-Alanine	97
L-Isoleucine***	115	L-Arginine	276
L-Leucine***	205	L-Aspartic Acid	220
L-Lysine	185	L-Cysteine	38
L-Methionine	35	L-Glutamic Acid	410
L-Phenylalanine	72	L-Glutamine	204
L-Threonine	141	Glycine	47
L-Tryptophan	37	L-Ornithine	31
L-Valine***	141	L-Proline	123
		L-Serine	106
		L-Tyrosine	66

**subject to natural variability

***Branched-Chain Amino Acids

Item # V20C



Manufactured for and Distributed by:
Penn Herb Co. Ltd.
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Nature's Wonderland®
Premium Supplements
Since 1924

AMINO ESSENTIALS

Amino Acids

PROTEIN BLEND

20 AMINOS

WITH VITA B-6

120 Capsules
Dietary Supplement

Supplement Facts

Serving Size 4 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Protein	2 g	4%*
Vitamin B-6 (from Pyridoxine HCl)	13 mg	765%
Blend of peptide-bound Amino Acid sources (Whey Protein Isolate, Soy Protein Isolate, Sodium Caseinate) plus Amino Acids (L-Glutamine, L-Arginine, L-Ornithine)	2.8 g (2,800 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Hydroxypropyl Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Contains milk and soy.

Not manufactured with wheat, gluten, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry, dark place after opening.

This bottle is made from 100% PCR (post-consumer recycled) resin.

