

Mental Alertness™

*Supports memory and mental function**
*Fights mental fatigue**

This brain-stimulating herbal formula helps restore mental alertness when experiencing mental fatigue, absentmindedness, and mild memory problems associated with aging. It also supports healthy circulation, especially to the brain; assists mental acuity and performance; and supports improved memory, brain function, and concentration.*

Herbal Supplement

Net Wt. 3 oz. (85g)

Mental Alertness™

Directions: Pour 8 oz. of freshly boiled water over 1 heaping teaspoon of herbal tea. Cover and allow to steep 4 to 7 minutes, then strain. Drink 2 to 4 cups daily; preferably before meals. To enhance flavor, add honey, stevia and/or lemon to suit your personal taste.

Warning: Not to be used during pregnancy or while nursing, or in hyperthyroid conditions. May potentiate pharmaceutical MAO-inhibitors.

Supplement Facts

Serving Size: 1 Teaspoonful
Servings Per Container: 12-15

Amount per serving	% Daily Value
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Proprietary Herbal Blend

Ginkgo Biloba (leaves)	†
Gotu Kola	†
Eleuthero (root)	†
Rosemary (leaves)	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily value not established

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured and Distributed by:

Penn Herb Company, Ltd.

Philadelphia, PA 19154

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Contains no: sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.