

# Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
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## Proprietary Blend . . . 525 mg.

Black Cohosh Rt. . . †	Pipsissewa Herb . . †
Blood Root . . . . . †	Red Clover Blsm. . †
Burdock Root . . . . †	Sarsparilla Rt . . . . †
Ginseng Root . . . . †	Slippery Elm Bk. . . †
Golden Seal Rt. . . †	Solomon Seal Rt. . †
Lobelia Herb . . . . †	Spikenard Root. . . †
Queen of the Meadow Herb. . . †	Wild Cherry Bark . †
Peppermint . . . . . †	Yarrow Herb . . . . †
	Yellow Dock Rt. . . †

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (Vcaps®).

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Keep in a cool dry place with cap tightly closed.

## Benefits of Catfish Bitters®:

- Cleanses and purifies as a herbal tonic\*
- Reinvigorates body functions, while boosting stamina, energy and vitality\*

**WARNING:** Not to be used during pregnancy or while nursing, or if sensitive to salicylates. May cause nausea and vomiting. Consult a healthcare practitioner before use in cases of hypertension, gallstones, kidney stones or if allergic to ragweed, arnica, chamomile or other asteraceae plants. May block absorption of Iron and other oral medications. Take at least 1-2 hours apart. Use with caution. Do not exceed recommended dose. Not for long-term use.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

**Vcaps®** is a registered trademark of Capsugel.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

