

Herbal Tranquil-A-Tea™

*Eases occasional sleeplessness**
*Promotes relaxation**

Gently soothe away tension and stress with this relaxing blend that calms, assists in overcoming nervousness, and eases occasional sleeplessness due to common overwork and fatigue. It is specifically formulated to ease tension when you are under occasional stress. These herbs promote a calming, quieting, and soothing effect on the nervous system, yet exhibit no narcotic side effects. Restore your sense of inner peace.*

Herbal Supplement

Net Wt. 3 oz. (85g)

Herbal Tranquil-A-Tea™

Directions: Pour 8 oz. of freshly boiled water over 1 heaping teaspoon of herbal tea. Cover and allow to steep 4 to 7 minutes, then strain. Drink 2 to 4 cups daily; preferably before meals. To enhance flavor, add honey, stevia and/or lemon to suit your personal taste.

Warning: Not to be used during pregnancy or while nursing. Not recommended for use with prescription sedatives or antidepressants.

Supplement Facts

Serving Size: 1 Teaspoonful
Servings Per Container: 12-15

Amount per serving	% Daily Value
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Proprietary Herbal Blend

Valerian (root)	†
Black Cohosh (root)	†
Passion (flower)	†
Scullcap (herb)	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily value not established

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured and Distributed by:

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Contains no: sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.