

# Golden Seal & Myrrh

*Supports healthy immune response\**  
*Respiratory system support\**

Being around crowds at airports, offices, and schools is a sure way to pick up germs! This blend reinforces immune system defenses, especially during times of body stress, and helps your body maintain health. It also helps support normal mucous production, the body's system for expelling germs.\*

**Herbal Supplement**

**Net Wt. 2 oz. (56g)**

## Golden Seal & Myrrh

**Directions:** Pour 8 oz. of freshly boiled water over 1 level teaspoon of herbal tea. Cover and allow to steep 4 to 7 minutes, then strain. Drink 2 to 4 cups daily; preferably before meals. To enhance flavor, add honey, stevia and/or lemon to suit your personal taste.

**Warning:** Not to be used during pregnancy or in cases of excessive uterine bleeding.

## Supplement Facts

Serving Size: 1 Teaspoonful  
Servings Per Container: 12-15

Amount per serving	% Daily Value
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### Proprietary Herbal Blend

Golden Seal (root) . . . . .	†
Myrrh Gum . . . . .	†

\* Percent Daily Values are based on 2,000 calorie diet.  
† Daily value not established

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Contains no:** sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.

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