

\*\* From Suntheanine®, made by Taiyo Int'l.

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) vegetarian capsule before bedtime, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**

# Sleep Support<sup>†</sup>

Dietary Supplement  
60 Vegetarian Capsules

## SUPPLEMENT FACTS

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
Vitamin B-6 (as pyridoxine HCl)	2 mg	118%
Magnesium (as carbonate)	50 mg	12%
L-Theanine **	100 mg	*
Passion flower aerial extract ( <i>Passiflora incarnata</i> ) (Standardized to 3.5% Vitexin [3.5 mg]) ***	100 mg	*
Valerian root extract ( <i>Valeriana officinalis</i> ) (Standardized to 0.8% Valerenic Acids [0.4 mg])***	50 mg	*
Melatonin	1 mg	*

\*Daily Value not established

**Other Ingredients:** Vegetarian Capsule (modified cellulose, water), cellulose, vegetable stearin, magnesium stearate and silica.

\*\*\* Our Standardized Passion Flower and Valerian Root extracts are manufactured by European phytopharmaceutical companies under strict European quality control standards. Like all European herbal extracts, their production is regulated to the same high standards as Over-The-Counter drugs.

**WARNING: USE ONLY AT BEDTIME.** Not for use by children under 18 years. If pregnant or using a prescription drug, consult a health care professional. Do not take this product if you suffer from an autoimmune disease, depression, diabetes, endocrine disorder or thyroid condition. Do not use this product while operating a motorized vehicle or heavy machinery.