

We use only the highest quality Chondroitin and Glucosamine Sulfates.

**Our Chondroitin Sulfate is derived from bovine trachea. Glucosamine Sulfate is naturally derived from crab shell (shell fish). Glucosamine is a building block of joint tissue. Glucosamine and Chondroitin Sulfates help support healthy joints and connective tissue†.

***OptiMSM® is a registered trademark of Balchem Corporation or its subsidiaries

****GDUs (Gelatin Digestive Units) are a measure of the relative strength of digestive aids.

Contains No sugar, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take three (3) tablets daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

Joint Support[†]

OptiMSM®

HELPS SUPPORT NORMAL JOINT HEALTH[†]

Dietary Supplement
90 Tablets

SUPPLEMENT FACTS

Serving Size 3 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	100 mg	111%
Niacin (as niacinamide)	25 mg	156%
Pantothenic acid (as d-calcium pantothenate)	25 mg	500%
Manganese (as amino acid chelate)	10 mg	435%
Glucosamine Sulfate** (from 1,333 mg of glucosamine sulfate potassium chloride)	1,000 mg	*
Chondroitin Sulfate Complex (Standardized to 90% [90 mg] chondroitin sulfate)	100 mg	*
Boswellia serrata extract (Standardized to 40% [40 mg] boswellic acids)	100 mg	*
MSM (methylsulfonylmethane)***	100 mg	*
Turmeric (Curcuma longa) root extract (Standardized to 95% [47.5 mg] curcumin)	50 mg	*
Ginger (Zingiber officinale) root powder	50 mg	*
L-Proline	50 mg	*
Bromelain (Standardized to 2400 GDUs****/g)	25 mg	*
Grape (Vitis vinifera) seed extract	10 mg	*
Quercetin	10 mg	*

*Daily Value not established

Other Ingredients: Cellulose, vegetable stearin, cellulose gum, silica, magnesium trisilicate, magnesium stearate, dicalcium phosphate and modified cellulose. Contains shellfish.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.