

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take two (2) capsules daily at mealtime, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**

# Mood Support

**HELPS SUPPORT A NORMAL  
POSITIVE OUTLOOK†**

*Dietary Supplement*  
**60 Capsules**

## **SUPPLEMENT FACTS**

Serving Size 2 Capsules

	Amount	% Daily
	Per Serving Value	Value
St. John's Wort herb and flower extract ( <i>Hypericum perforatum</i> ) (Standardized to 0.3% [0.9 mg] Hypericin)	300 mg	*
Griffonia ( <i>Griffonia simplicifolia</i> ) bean extract (Standardized to 98% [24.5 mg] L-5-hydroxyTryptophan)	25 mg	*
Siberian eleutherococcus root extract ( <i>Eleutherococcus senticosus</i> ) (Standardized to 0.5% [0.125 mg] Eleutherosides)	25 mg	*
L-Tyrosine	50 mg	*
Inositol	50 mg	*

\*Daily Value not established

**Other Ingredients:** Gelatin, water (capsules), rice powder, stearic acid, magnesium stearate and silica.

**Caution:** St. John's Wort may cause increased photosensitivity in some individuals. Use caution while taking this product during exposure to sunlight. If symptoms arise, discontinue the use of this product.

**Consult a physician before using St. John's Wort with prescription drugs.**

Our Standardized St. John's Wort, Griffonia Bean (L-5-HTP) and Siberian eleutherococcus extracts are manufactured by European phytopharmaceutical companies under strict European quality control standards. Like all European herbal extracts, their production is regulated to the same high standards as Over-The-Counter drugs.