

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) vegetarian capsule, one (1) to three (3) times daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.**

# L-Theanine

## 100 mg

**HELPS SUPPORT RELAXATION†**

*Dietary Supplement*  
**60 Vegetarian Caps**

### **SUPPLEMENT FACTS**

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
L-Theanine***	100 mg	†

\*Daily Value not established

**Other Ingredients:** Vegetarian capsule (cellulose, water), cellulose, magnesium stearate and silica.

\*\*\*From SunTheanine®, a 100% pure, patented source of L-Theanine manufactured in Japan by Taiyo International. SunTheanine® has been extensively evaluated in many scientific studies and shown to support relaxation and deep, restful sleep without causing drowsiness or other unwanted side effects.†