- **Low Fat**
- **Naturally Sweetened**
- **No Artificial Sweeteners**
- **No Preservatives**

Whey protein is among the most valuable kinds of protein available. It scores very well in all measures of protein value, such as PER (Protein Efficiency Ratio) 3.2, BV (Biological Value) 100 and PDCAAS (Protein Digestibility Corrected Amino Acid Score) 1.0. The PDCAAS is the most relevant measure of the quality of proteins for humans and is the official rating system used by the World Health Organization. The score of 1.0 is the highest possible rating. Whey protein contains all of the essential amino acids in biologically significant amounts and is simply one of the most complete sources of proteins and amino acids in the marketplace. It does not contain any synthetic hormones such as rBGH. The whey protein concentrate and isolate used in this formula are produced through a reverse osmosis, micro filtration, and ultra filtration process that yields the highest level of protein and amino acids while preserving all the naturally occurring, immune enhancing and muscle nourishing bioactives.

TYPICAL AMINO ACID PROFILE

Amino Acid Per Serving	
Alanine	875 mg
Arginine	455 mg
Aspartic Acid	1,835 mg
Cysteine/Cystine	470 mg
Glutamic Acid	3,020 mg
Glycine	345 mg
Histidine	325 mg
Isoleucine	1,135 mg
Leucine	1,850 mg
Lysine	1,525 mg
Methionine	425 mg
Phenylalanine	570 mg
Proline	1,055 mg
Serine	875 mg
Threonine	1,200 mg
Tyrosine	570 mg
Tryptophan	340 mg
Valine	1,035 mg

Whey Protein

NATURAL CHOCOLATE FLAVOR

Grass Fed • Non-GMO
rBGH Free • Ultra Filtered

Mixes Easily

Dietary Supplement

Net Wt. 12 oz. (340 g)

SUPPLEMENT FACTS

Serving Size 1 Scoop (Approximately 24 g)
Servings Per Container 14

	Amount Per Serving	% Daily Value
Calories	90	
Total Fat	1 g	1%*
Saturated Fat	1 g	5%*
Cholesterol	45 mg	15%
Total Carbohydrate	4 g	1%*
Total Sugars	1 g	**
Protein	17 g	34%*
Vitamin A	30 mcg	3%
Calcium	100 mg	8%
Iron	0.36 mg	2%
Phosphorus	20 mg	2%
Magnesium	16 mg	4%
Sodium	45 mg	2%
Potassium	170 mg	4%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Ingredients: Whey protein concentrate (yielding approximately 36% B-lactoglobulin, 10% A-lactalbumin, 3% immunoglobulin G, 15% glycomacropeptides, 3% proteose peptone 5, 25% branched chain amino acids and 19% glutamic acid and soy lecithin), cocoa powder, stevia (Sweta™ brand; no licorice aftertaste), natural vanilla flavor, xanthan gum, silica, luo han guo fruit extract and whey protein isolate (yielding approximately 69% B-lactoglobulin, 14% A-lactalbumin, 3% bovine serum albumin, 2% immunoglobulin G, 2% glycomacropeptide, 1% proteose peptone 5, 25% branched chain amino acids, and 18% glutamic acid).

Contains No yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Non-GMO and **rBGH free.** Contains milk & dairy products and soy lecithin for easy mixing. Soy Lecithin is present at less than 1% of the formula.

This product has been formulated with only the highest quality low glycemic sweeteners and doesn't contain any sugar, fructose, glucose, glucose polymers, maltodextrin or artificial sugars such as aspartame, acesulfame-K, sucralose, or polydextrose.

Suggested Use: Adults add one (1) level scoop in 8 oz. of water, milk or juice and stir vigorously. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN