

Supplement Facts

Serving Size: 1 Veg Capsule

Servings Per Container: 60

	Amount Per Serving	% Daily Value*
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Vitamin C (as Ascorbic Acid).....	120 mg ...	133%
Thiamin (Vitamin B-1)(from Thiamine HCl) 50 mg .		4167%
Riboflavin (Vitamin B-2)	50 mg ...	3846%
Niacin (Vitamin B-3)(as Niacinamide) ..	50 mg ...	313%
Vitamin B-6 (as Pyridoxine HCl).....	50 mg ...	2941%
Folate	667 mcg DFE. 167%	
	(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin) ...	100 mcg .	4167%
Biotin	50 mcg ...	167%
Pantothenic Acid	100 mg ..	2000%
	(From Calcium Pantothenate)	
Choline (from Choline Bitartrate)	50 mg.....	9%
PABA (Para-Aminobenzoic Acid).....	50 mg	†
Inositol	50 mg	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Cellulose (capsule), Cellulose Powder, Silica and Magnesium Stearate (vegetable source).

Not manufactured with: wheat, gluten, soy, milk, egg, shellfish, or tree nut ingredients.

Benefits of Vitamin B-50 Complex:

This synergistic blend of B vitamins supports nervous system health, energy, and more!*

- Supports energy production*
- Supports nervous system, mental, vision, skin, and cardiovascular health*
- Vitamin C-provides adrenal and antioxidant support during high-stress times*

Suggested Use: Take one capsule daily with a meal.

Keep in a cool, dry place with lid tightly closed.

Caution: For adults only. Consult physician if pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

