

# Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Calories	20	
Total Fat	2.0 g	3%*
Saturated Fat	0.5 g	3%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	0.5 g	†
<b>Pumpkin Seed Oil</b>	<b>2.0 g (2000mg)</b>	<b>†</b>
<b>(Curcubita pepo)</b>		

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Softgel Capsule (bovine gelatin, glycerin, water).

**Manufactured and Distributed by:**

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

Www.PennHerb.com / 215-637-HERB

**Suggested Use:** Take 2 softgels 1 to 2 times daily with food.

## Benefits of Pumpkin Seed Oil:

Pumpkin Seed Oil is a nutritional oil with essential fatty acids (EFAs) and phytosterols. Nature's Wonderland® Pumpkin Seed Oil is cold pressed without the use of solvents, and derived only from the highest quality non-GMO pumpkin seeds.\*

● Source of Essential Fatty Acids and Phytosterols\*

● Supports healthy bladder and urinary function\*

**Caution:** For Adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

**Not manufactured with:** yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients.

Store in a cool, dry place after opening.

Natural color variations may occur in this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Non-GMO



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