

# Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

	Amount Per Serving	% Daily Value*
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Vitamin B-6.....	50 mg	2500%
(as Pyridoxine HCl)		

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source).

**Not manufactured with:** wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

**Suggested Use:** Take 1 tablet 1-2 times daily, preferably with meals.

Keep in a cool, dry place with lid tightly closed.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

## Benefits of Vitamin B-6:

Vitamin B-6 is required for the metabolism of fats, carbohydrates, and proteins. It facilitates the conversion of amino acids from one to another as needed, and is necessary for normal synthesis of hemoglobin, as well as for normal function and production of red blood cells. B-6 plays an important role in regulating homocysteine metabolism in the body. Homocysteine, a by-product of the methionine cycle, is known to be destructive to bodily tissues, especially vascular structures.\*

- Supports nervous system health\*
- Supports healthy homocysteine levels\*

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

