

## Supplement Facts

Serving Size: 1 Veg Capsule  
Servings Per Container: 100

Amount Per Serving	% Daily Value*
L-Glutamine (free form) . . . . .	500 mg . . . . . †

\* Percent Daily Values are based on 2,000 calorie diet.  
† Daily value not established

**Other Ingredients:** Hypromellose (cellulose capsule), Rice Flour and Ascorbyl Palmitate.

**Manufactured and Distributed by:**  
Penn Herb Company, Ltd.  
Philadelphia, PA 19154-3293  
www.PennHerb.com / 215-637-HERB

**Suggested Use:** Take 1 capsule, one to three times daily, preferably between meals.

**Caution:** For adults only. Consult physician if pregnant or nursing, taking medication, or have a medical condition. Keep out of the reach of children.

Keep in a cool, dry place with lid tightly closed. Natural color variation may occur in product.

### Benefits of L-Glutamine:

Glutamine is considered to be a conditionally essential amino acid. Under certain circumstances, the body may require more Glutamine than it can produce. Glutamine functions as a major nitrogen transporter and is critical for the maintenance of healthy nitrogen balance.\* Glutamine also acts as the primary fuel for the rapidly growing cells of the immune system and GI tract.\*

- Supports maintenance of healthy muscles\*
- Supports muscle mass\*

**Not manufactured with:** wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Non-GMO



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