

# Supplement Facts

Serving Size: 1 Veg Capsule

Servings Per Container: 60

	Amount Per Serving	% Daily Value*
Biotin .....	5.0 mg (5,000 mcg).	16,667%

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

**Manufactured and Distributed by:**

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

[www.PennHerb.com](http://www.PennHerb.com) / 215-637-4372

**Suggested Use:** Take 1 capsules daily with a meal.

**Caution:** For adults only. Consult your physician before use if you are pregnant, nursing, using medication, or have any medical conditions. Keep out of reach of children.

Natural color variation may occur in product.

Keep in a cool, dry place with lid tightly closed.

## Benefits of Biotin:

This water-soluble vitamin is necessary for normal growth and body function. It is a key regulatory element in gluconeogenesis, fatty acid synthesis, and in the metabolism of some amino acids. In addition to its role in energy production, Biotin enhances the synthesis of certain proteins, promotes normal immunity, and plays a critical role in skin health.\*

- Supports amino acid metabolism\*
- Supports energy production\*
- Supports immune system health\*
- Supports healthy skin\*

**Not manufactured with:** wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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