

# Blood Purifying Formula

*Supports overall internal cleansing\**

*Supports healthy circulation\**

This herbal blood cleanser helps maintain healthy cholesterol levels within the normal range, and supports cardiovascular health. It is a natural herbal formula blended according to Dr. John Christopher's recipe in his book "Dr. Christopher's Three-Day Cleansing Program, Mucusless Diet and Herbal Combinations."<sup>\*</sup>

**Herbal Supplement**

**Net Wt. 4 oz. (112g)**

## Blood Purifying Formula

**Directions:** Pour 8 oz. of freshly boiled water over 1 heaping teaspoon of herbal tea. Cover and allow to steep 4 to 7 minutes, then strain. Drink 2 to 4 cups daily; preferably before meals. To enhance flavor, add honey, stevia and/or lemon to suit your personal taste.

**Warning:** Not to be used during pregnancy or while nursing, or by persons with diabetes, hypertension, liver disorders, kidney insufficiency, hypokalemia, or if you have abdominal pain or diarrhea. Discontinue use in the event of diarrhea or watery stools, or if nausea, fever, fatigue or jaundice occur. Do not exceed recommended dose. Not for long-term use.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured and Distributed by:

**Penn Herb Company, Ltd.**

**Philadelphia, PA 19154**

**(215)637-HERB ~ www.PennHerb.com**

## Supplement Facts

Serving Size: 1 Teaspoonful

Servings Per Container: 12-15

Amount per serving	% Daily Value
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### Proprietary Herbal Blend

Buckthorn (bark) . . . . .	†
Burdock (root) . . . . .	†
Cascara Sagrada (bark) . . . . .	†
Chaparral (herb) . . . . .	†
Licorice (root) . . . . .	†
Oregon Grape (root) . . . . .	†
Poke (root) . . . . .	†
Prickly Ash (bark) . . . . .	†
Red Clover (flowers) . . . . .	†
Sarsaparilla (root) . . . . .	†
Stillingia (root) . . . . .	†

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Contains no:** sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.