

# Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

	Amount per serving	% Daily Value
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## Proprietary Blend . . . 575 mg.

Black Cohosh (root) . . . . .	†
Cramp (bark) . . . . .	†
Myrrh Gum . . . . .	†
Scullcap (herb) . . . . .	†
Skunk Cabbage (root) . . . . .	†
Cayenne Pepper . . . . .	†

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (Capsule).

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

**Caution:** Not to be used during pregnancy or while nursing, or in cases of excessive uterine bleeding. May cause nausea and vomiting. Avoid contact with eyes or open wounds. Do not exceed recommended dose; not to be taken in large doses.

Keep in a cool dry place with cap tightly closed.

## Benefits of Antispasmodic Mixture:

This masterful combination was made popular by world renowned author, Jethro Kloss. It effectively eases muscle contraction, as well as abdominal, menstrual and intestinal cramps. Contains Black Cohosh and Scullcap, which promote a calming, quieting, and soothing effect on the nervous system.\*

- Jethro Kloss recipe\*
- Eases muscle contractions, and abdominal, menstrual and intestinal cramps\*

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

