

Emotional Rescue™

*Promotes positive mood**
*Eases tension and stress**

Get off the emotional roller coaster with our calming, balanced herbal blend. Emotional Rescue™ relaxes and promotes an elevated sense of well-being and inner contentment. This soothing blend also eases simple nervous tension and mild mood changes, and relieves occasional sleeplessness. It contains herbs that promote a brighter outlook on life, while having a calming and soothing effect on the nervous system.*

Herbal Supplement

Net Wt. 3 oz. (85g)

Emotional Rescue™

Directions: Pour 8 oz. of freshly boiled water over 1 heaping teaspoon of herbal tea. Cover and allow to steep 4 to 7 minutes, then strain. Drink 2 to 4 cups daily; preferably before meals. To enhance flavor, add honey, stevia and/or lemon to suit your personal taste.

Warning: Not to be used during pregnancy or while nursing, in hyperthyroid conditions, or by those under age 18. Do not exceed recommended dose, or consume with alcoholic beverages. Consult a healthcare practitioner before use if taking prescription medication. Excessive consumption may impair ability to drive or operate equipment. May potentiate pharmaceutical MAO-inhibitors. Avoid prolonged exposure to sunlight.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured and Distributed by:

Penn Herb Company, Ltd.

Philadelphia, PA 19154

(215)637-HERB ~ www.PennHerb.com

Supplement Facts

Serving Size: 1 Teaspoonful

Servings Per Container: 12-15

Amount per serving	% Daily Value
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Proprietary Herbal Blend

St. John's Wort	†
Black Cohosh (root)	†
Gotu Kola (herb)	†
Kava Kava (root)	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Contains no: sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.