

# Joint-Ease™

*Maintains joint and cartilage function\**  
*Promotes muscle comfort\**

If you're in a constant battle with joint stiffness and loss of mobility, it's time to put nature's herbal pharmacy on your side. This balanced blend of 8 herbs provides nutritional support to maintain cartilage, joint, and muscle function. A time-proven formula that can help young and old alike maintain ease of mobility, contributing to a healthy and active lifestyle.\*

**Herbal Supplement**

**Net Wt. 3 oz. (85g)**

## Joint-Ease™

**Directions:** Pour 8 oz. of freshly boiled water over 1 heaping teaspoon of herbal tea. Cover and allow to steep 4 to 7 minutes, then strain. Drink 2 to 4 cups daily; preferably before meals. To enhance flavor, add honey, stevia and/or lemon to suit your personal taste.

**Warning:** Not to be used during pregnancy or while nursing, or by those with bile duct obstructions, gall stones, kidney disorders, irritated digestive conditions, or in conjunction with acidic urine conditions. Do not apply to broken or abraded skin. Not for long-term use.

## Supplement Facts

Serving Size: 1 Teaspoonful  
Servings Per Container: 12-15

	Amount per serving	% Daily Value
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### Proprietary Herbal Blend

Black Cohosh (root) . . . . .	†
Uva Ursi (root) . . . . .	†
Prickly Ash (bark) . . . . .	†
Black (root) . . . . .	†
Ginger (root) . . . . .	†
Poke (root) . . . . .	†
Queen of Meadow (root) . . . . .	†
Turmeric (root) . . . . .	†

\* Percent Daily Values are based on 2,000 calorie diet.  
† Daily value not established

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Contains no:** sugar, salt, yeast, wheat, gluten, soy, milk, egg, or preservatives.

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