

# Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
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## Proprietary Blend. . . . 500 mg.

Damiana (leaves) . . . . .		†
Beth (root) . . . . .		†
Cinnamon (bark) . . . . .		†
Cramp (bark) . . . . .		†
Poplar (bark) . . . . .		†
Aletris (root) . . . . .		†
Squaw Vine (herb) . . . . .		†

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (Vcaps®)

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

**WARNING:** Not to be used during pregnancy, or if sensitive to salicylates. Use in small doses only, as large doses may cause nausea.

Keep in a cool dry place with cap tightly closed.

**Vcaps®** is a registered trademark of Capsugel.

## Benefits of Meno-Fem-Change™:

Hormonal imbalances during menopause can result in hot flashes, night sweats, irritability, and other discomforts. This herbal formula encourages hormonal balance and emotional well-being during this "change of life."\*

- Promotes menopausal health\*
- Encourages hormonal balance\*
- NO synthetic hormones\*
- Helps regulate the female system\*
- Soothes cramping and painful menstruation\*

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

