Servings per Container: 60

Amount % Daily per serving Value

Motherwort (herb) . . . . 375 mg . . . . . †

\*Percent Daily Values are based on 2,000 calorie diet.
† Daily value not established

Other Ingredients: Plant Cellulose (Vcaps®)

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime

WARNING: Notto be used during pregnancy.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed

The name **Motherwort**, or "Mother's Herb," dates back to its traditional application in ancient Greek culture. It was support for the anxiety associated after childbirth, also a common use today in many parts of the world. In addition to supporting women's health, Motherwort is currently recognized for its role in promoting hearthealth.

Common uses include:

Supports healthy cardiovascular function\*
 Supports healthy blood pressure already within the normal range\*

Soothes feelings of anxiety after childbirth\*

Eases menstrual discomfort\*

 Promotes relaxation, and eases simple nervous tension and anxiety\*
 Vcaps® is a registered trademark of Capsugel

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any







