

Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
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Milk Thistle (herb)	450 mg.	†
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* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vcaps®)

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed.

Milk Thistle Herb is the natural way to promote healthy liver and gallbladder functions. The plant has a long history of use. Various preparations of Milk Thistle have been used in European herbalism for more than 2,000 years. The herb is milder in action when compared to the seeds. Many use it to boost their detoxification formulas, and as a bitter tonic to maximize digestive health.*

Common uses include:

- Promotes healthy digestion*
- Supports spleen health*
- Stimulates healthy bile flow (bile promotes digestion of fats)*

Vcaps® is a registered trademark of Capsugel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

