

# Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

|  | Amount<br>per serving | % Daily<br>Value |
|--|-----------------------|------------------|
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|                               |                 |   |
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| Milk Thistle (seed) . . . . . | 650 mg. . . . . | † |
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\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (Vcaps®)

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

**Note:** Some experience loose stools the first few days of use.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed.

**Milk Thistle Seed** is the natural way to promote healthy liver and gallbladder functions. The plant has a long history of use. Various preparations of Milk Thistle have been used in European herbalism for more than 2,000 years. It is regarded by contemporary herbalists as one of the premier liver supporting nutrients. Milk Thistle Seed supports healthy liver function, and promotes gentle detoxification. Its antioxidant properties may help neutralize cell-damaging free radicals.\*

## Common uses include:

- Promotes digestive health\*
- Supports gallbladder function\*
- Stimulates bile flow (bile promotes digestion of fats)\*

**Vcaps®** is a registered trademark of Capsugel.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

