

Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

	Amount per serving	% Daily Value
Konjac (root)	650 mg.	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Capsule)

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Keep in a cool dry place with cap tightly closed.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

WARNING: Taking this product without adequate fluids may cause choking. Do not take if you have difficulty swallowing.

Konjac Root is a source of the calorie-free fiber, Glucomannan. In addition to a healthy diet and exercise, many find it to be a great addition to their weight loss program because it promotes a feeling of fullness. This soluble fiber also supports bowel regularity and may support healthy cholesterol levels.*

Common uses include:

- Supports healthy weight management*
- Supports healthy cholesterol levels already within normal range*
- Promotes regularity*

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

