

Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

	Amount per serving	% Daily Value
Gotu Kola	475 mg	†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Capsule)

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Keep in a cool dry place with cap tightly closed.

Note: Avoid during pregnancy and in hyperthyroid conditions.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

Gotu Kola has been used in India and Asia for a wide variety of conditions, most notably for supporting longevity and mental function. It is also used to calm and nourish nerves, to support energy and vitality, and to support circulatory health.*

Common uses include:

- Supports physical and mental energy*
- Memory and brain tonic*
- Eases nervousness*
- Supports circulation health*
- Caffeine-free Ayurvedic herb*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

