

# Supplement Facts

Serving Size: 1 Vcap®

Servings per Container: 60

	Amount per serving	% Daily Value
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Goat's Rue . . . . .	375 mg . . . . .	†
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\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (Vcaps®)

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, two times daily with water at mealtime.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed.

**Goat's Rue**, native to the Middle East, Europe and Asia, is a herbal diuretic, which promotes urine flow and healthy kidney function. Additionally, it contains plant compounds that could offer hope for maintaining healthy glucose metabolism and helping maintain healthy blood sugar levels.\*

## Common uses include:

- Increases flow of urine as herbal diuretic\*
- Promotes healthy glucose metabolism\*
- Supports healthy blood sugar levels already within the healthy range\*
- Promotes healthy lactation\*

**Vcaps®** is a registered trademark of Capsugel.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

