

# Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

	Amount per serving	% Daily Value
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Chamomile, Organic (flowers)	350 mg	†
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\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (capsule).

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

**Caution:** Persons with allergies to other members of the Asteraceae family should exercise caution with chamomile. We recommend that you consult with a qualified healthcare practitioner before using herbal products, especially if you are pregnant, nursing, or taking any medications.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Chamomile Flowers** are popular in over 25 countries to soothe upset stomach and to encourage healthy digestion. The aromatic flowers also gently calm the nerves, and ease stress and tension.\*

## Common uses include:

- Promotes healthy digestion\*
- Alleviates gas and bloating\*
- Soothes gastrointestinal system\*
- Relaxes muscle cramps and spasms\*
- Calms and soothes nervous system\*
- Relieves occasional sleeplessness\*

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

Keep in a cool dry place with cap tightly closed.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

