

# Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

	Amount per serving	% Daily Value
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Organic Bladderwrack (plant)	800 mg . . †	
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\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Plant Cellulose (Vegetable Capsule).

**Suggested Use:** As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Keep in a cool dry place with cap tightly closed.

**Warning:** Not to be used during pregnancy or while nursing. Not recommended for hyperthyroidism or for long-term use.

**Caution:** This product naturally contains iodine and is harvested from the sea. It may cause a serious reaction in persons with allergies to fish and/or shellfish.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Bladderwrack** is a brown seaweed harvested off the shores of North America. It has a long history of use as a thyroid tonic due to its valuable iodine content. Some have found Bladderwrack to be beneficial as part of a sensible weight loss program when coupled with exercise.\*

## Common uses include:

- Nourishes the thyroid gland\*
- Herbal source of iodine\*
- Supports healthy weight management when coupled with an exercise program\*

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

