

Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

	Amount per serving	% Daily Value
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Balm (herb)	475 mg.	†
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* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vegetable Capsule).

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Keep in a cool dry place with cap tightly closed.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Balm Herb has been cultivated in the Mediterranean region for about 2,000 years, and is one of the earliest known herbs used to calm mood and ease tension. The aromatic herb is also a favorite home remedy to help alleviate gas, bloating and upset stomach.*

Common uses include:

- Helps ease tension and stress*
- Calms nervous irritability*
- Relieves occasional sleeplessness*
- Soothes an upset stomach*

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

