

Nutrition Facts

Serving Size 1 Bar (57g)

Amount Per Serving

Calories 210

Calories from Fat 50

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 160mg **7%**

Total Carbohydrates 36g **12%**

Dietary Fiber 4g **16%**

Sugars 21g

Protein 5g

Vitamin A 0% • Vitamin C 6%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a [2000 calorie diet](#).

Your daily values may be higher or lower depending on your calorie needs.

See packaging for most up-to-date Nutritional information.