

Nutrition Facts

Serving Size 1 Bar (57g)

Amount Per Serving

Calories 200

Calories from Fat 30

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 90mg **4%**

Total Carbohydrates 42g **14%**

Dietary Fiber 4g **16%**

Sugars 23g

Protein 1g

Vitamin A 0% • Vitamin C 8%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a [2000 calorie diet](#).

Your daily values may be higher or lower depending on your calorie needs.

See packaging for most up-to-date Nutritional information.