

# Nutrition Facts

Serving Size 1 Bar (57g)

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**Amount Per Serving**

**Calories** 200

Calories from Fat 30

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**% Daily Value\***

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**Total Fat** 3g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 90mg **4%**

**Total Carbohydrates** 42g **14%**

Dietary Fiber 4g **16%**

Sugars 24g

**Protein** 1g

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Vitamin A 0% • Vitamin C 6%

Calcium 2% • Iron 4%

\*Percent Daily Values are based on a [2000 calorie diet](#).

Your daily values may be higher or lower depending on your calorie needs.

See packaging for most up-to-date Nutritional information.