

<b>Active Ingredients HPUS:</b>	<b>Purpose</b>
Asa foetida 8X (Asafetida)	restlessness and anxiety
Ignatia amara 8X (Ignatius bean)	nervousness
Valeriana officinalis 8X (Valerian)	agitation
Avena sativa 8X (Oats)	sleeplessness
Argentum nitricum 8X (Silver nitrate)	nervousness
Tarentula hispana 8X (Tarantula)	nightmares
Hyoscyamus niger 8X (Henbane)	anguish and fear
Paeonia officinalis 8X (Peony)	apprehension, anxiety and irritability
Stramonium 8X (Thorn apple)	nightmares and nervousness
Cocculus indicus 8X (Indian berry)	lack of concentration

The letters 'HPUS' indicate that the components in this product are officially monographed in the Homœopathic Pharmacopoeia of the United States.

#### **Inactive Ingredients**

purified water, sorbitol, grape and raspberry flavor, sodium benzoate, potassium sorbate, citric acid

#### **Directions:**

- Do not use more than directed.
- Do not take with food.
- Repeat every 4 hours and reduce with improvement or as directed by a healthcare professional.

<b>Age</b>	<b>Dose</b>
Children under 6 months of age	Consult a licensed healthcare practitioner before using this product
Children 6 months to 2 years old	2.5ml or 1/2 teaspoon, every 6 hours or 4 times a day
Children 2 to 12 years old	5ml or 1 teaspoon, every 6 hours or 4 times a day

#### **Warnings:**

**Do not use** if seal is broken or missing.

**Stop use and ask a doctor** if symptoms worsen.

**Keep out of reach of children.**

#### **Other Information:**

Store at room temperature.