

# Supplement Facts

Serving Size 1 tea bag (makes 8 fl. oz.)

Servings Per Container 16

Amount Per Serving %DV

**Calories** 0

## All Herbal Ingredients:

Organic passionflower herb	360 mg	†
Organic chamomile flower	255 mg	†
Organic linden flower	135 mg	†
Organic catnip herb	45 mg	†
Organic hop strobile	30 mg	†
Proprietary Blend:	675 mg	
Organic spearmint leaf		†
Organic lemon verbena leaf		†
Organic lemon peel		†
Organic West Indian lemongrass leaf		†

† Daily Value (DV) not established.

Made by **TRADITIONAL MEDICINALS**

4515 Ross Road, Sebastopol, CA 95472 USA

**Certified organic by CCOF. All Ingredients Certified Organic.**



**Do not use** this product if you are **pregnant**. **Consult your healthcare practitioner** if sleeplessness persists continuously for more than two weeks; if you are taking sedative medications; or if you are **breastfeeding**. Consumption with alcohol is not recommended. Some people may experience drowsiness. Exercise caution if you are driving, or involved in activities requiring mental alertness within 2 hours of consumption. **Do not use** if you have known allergies to plants of the daisy (Asteraceae) family. **Not recommended for use with children under 12 years of age.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.