

Supplement Facts

Serving Size 1 Packet (10 g)

Servings Per Container 21

Amount Per Serving		%Daily Value
Calories	30	
Total Carbohydrate	6 g	2%**
Total Sugars	5 g	***
Includes 5g Added Sugars		10%**
Vitamin C (as Ester-C® Calcium Ascorbate)	1,026 mg	1,140%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	0.38 mg	32%
Riboflavin (Vitamin B-2)	0.43 mg	33%
Niacin (as Niacinamide)	5 mg	31%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	588%
Folate	20 mcg DFE (12.5 mcg folic acid)	5%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid (as d-Calcium Pantothenate)	2.5 mg	50%
Calcium (as Calcium Carbonate, Ester-C® Calcium Ascorbate, and Calcium Phosphate)	150 mg	12%
Phosphorus (as Potassium Phosphate and Sodium Phosphate)	150 mg	12%
Magnesium (as Magnesium Hydroxide and Magnesium Carbonate)	60 mg	14%
Zinc (as Zinc Ascorbate)	2 mg	18%
Manganese (as Manganese Gluconate)	0.5 mg	22%
Chromium (as Chromium Ascorbate)	5 mcg	14%
Chloride (as Sodium Chloride)	90 mg	4%
Sodium	140 mg	6%
(as Sodium Chloride, Sodium Phosphate and Sodium Bicarbonate)		
Potassium (as Potassium Phosphate and Potassium Bicarbonate)	280 mg	6%
Antioxidant Health Proprietary Blend	58 mg	***
Stevia Extract (<i>Stevia rebaudiana</i>) (leaf), Quercetin, Alpha Lipoic Acid, Glycine, L-Aspartic Acid, N-Acetyl Cysteine		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Fructose, Maltodextrin, Malic Acid, Citric Acid, Natural Flavors, Silica, Beta-Carotene (for color), Vegetable Cellulose.