

| Amount per serving | | | %DV |
|---|---------|--|-------|
| Calories | 5 | | |
| Total Carbohydrates | 1 g | | <1% |
| Sugars | 0 g | | † |
| Vitamin A (as retinol palmitate 2000 IU, 20% as Beta-carotene 500 IU) | 2500 IU | | 60% |
| Vitamin C (as calcium ascorbate) | 600 mg | | 1000% |
| Vitamin D3 (as cholecalciferol) | 800 IU | | 200% |
| Vitamin E (as d-alpha tocopherol acetate) | 30 IU | | 100% |
| Thiamin (as thiamine hydrochloride) | 1.5 mg | | 100% |
| Riboflavin (as riboflavin-5-phosphate sodium) | 1.7 mg | | 100% |
| Niacin (as niacinamide) | 20 mg | | 100% |
| Vitamin B6 (as pyridoxine hydrochloride) | 6 mg | | 300% |
| Folate | 400 mcg | | 100% |
| Vitamin B12 (as methylcobalamin) | 6 mcg | | 100% |
| Biotin | 120 mcg | | 40% |
| Pantothenic Acid (as d-calcium pantothenate) | 10 mg | | 100% |
| Amount per serving | | | %DV |
| Calcium (as calcium ascorbate, DimaCal® dicalcium malate) | 143 mg | | 13% |
| Iron (as TRAACS® iron glycinate chelate) | 1 mg | | 6% |
| Iodine (as potassium iodide) | 150 mcg | | 100% |
| Magnesium (as dimagnesium malate, TRAACS® magnesium lysinate glycinate chelate) | 50 mg | | 13% |
| Zinc (as TRAACS® zinc bisglycinate chelate) | 5 mg | | 33% |
| Selenium (as selenium glycinate complex) | 10 mcg | | 14% |
| Manganese (as TRAACS® manganese bisglycinate chelate) | 1 mg | | 50% |
| Chromium (as TRAACS® chromium nicotinate glycinate chelate) | 60 mcg | | 50% |
| Sodium (as sodium bicarbonate) | 55 mg | | 2% |
| Potassium (as potassium bicarbonate, potassium glycinate complex) | 175 mg | | 5% |
| Choline Bitartrate | 30 mg | | † |

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value (DV) not established. Silica is a natural desiccant, not a preservative. DimaCal, TRAACS, and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Malates covered by U.S. Patent 6,706,904 and patents pending.