

# Supplement Facts

Serving Size: 2 Soft Gels  
Servings per container: 60

Amount Per Serving	% Daily Value**	
Calories	20	
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Total Omega-3s	565 mg	†
EPA (Eicosapentaenoic Acid)	270 mg	†
DHA (Docosahexaenoic Acid)	180 mg	†
Other Omega-3s	115 mg	†
Omega-6s	240 mg	†
GLA (Gamma-Linolenic Acid)	70 mg	†
Omega-9s	225 mg	†
OA (Oleic Acid)	180 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), borage seed oil (*Borago officinalis*), natural lemon flavor, d-alpha tocopherol (antioxidant), rosemary extract (a natural preservative).  
No gluten, milk derivatives, or artificial colors or flavors.