Supplement Facts Serv. Size: 1 capsule · Servings Per Container: 90 Amount Per Serving %DV Organic Lion's Mane mushroom 300 mg* (Hericium erinaceus), hot water/alcohol extract 20% polysaccharide *Percent of Daily Value not established

Other names: None

Other ingredients: Vegetarian Capsule (cellulose), Hericium erinaceus mycelium, myceliated rice.

Suggested use: Adults, take 1-3 capsules, twice daily, on an empty stomach

Warnings: Keep out of reach of children. Do not use if allergic to mushrooms, pregnant or breast feeding. Do not use if safety seal around top of bottle is missing or broken. Store at room temperature, with lid closed.