

AMOUNT PER SERVING	% DAILY VALUE
Vitamin A (as beta carotene with carrot)† 700 mcg RAE	78%
Vitamin C (as acerola cherry)† 90 mg	100%
Vitamin D3 (as fermented cholecalciferol) 50 mcg (2000 IU)	250%
Vitamin E (as d-alpha tocopherol from sunflower seed oil)† 15 mg	100%
Vitamin K (as phytonadione with cabbage)† 120 mcg	100%
Thiamin (as thiamine hydrochloride with <i>S. cerevisiae</i> )† 1.2 mg	100%
Riboflavin (as riboflavin with organic brown rice)† 1.3 mg	100%
Niacin (as niacinamide with <i>S. cerevisiae</i> )† 16 mg NE	100%
Vitamin B6 (as pyridoxal-5-phosphate with organic brown rice)† 1.7 mg	100%
Folate (as L-5-methyltetrahydrofolate with broccoli)† 400 mcg DFE (240 mcg folic acid)	100%
Vitamin B12 (as methylcobalamin with <i>S. cerevisiae</i> ) 4.8 mcg	200%
Biotin (as biotin with organic brown rice)† 30 mcg	100%
Pantothenic Acid (as d-calcium pantothenate with organic brown rice)† 5 mg	100%
Iodine (as fermented iodine glycinate) 150 mcg	100%
Zinc (as zinc bisglycinate) 11 mg	100%
Selenium (as fermented selenium glycinate) 55 mcg	100%
Copper (as fermented copper bisglycinate)† 0.9 mg	100%
Manganese (as fermented manganese bisglycinate) 2.3 mg	100%
GTF Chromium (as fermented chromium glycinate, nicotinate, glutamate) 35 mcg	100%
Molybdenum (as fermented molybdenum bisglycinate) 45 mcg	100%
<b>Farm Food Blend</b> 248 mg	
Organic Broccoli, Organic Brown Rice, Organic Carrot, Organic Cranberry, Organic Orange Peel, Organic Wild Blueberry, Cabbage	**
<b>Supportive Herb Blend</b>	**
Organic Eleuthero Root, Organic Maca Root	

\*\* %Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, ferment media (organic brown rice, rice protein, autolyzed yeast, yeast [inactive]), rice protein, silicon dioxide, stearic acid, tapioca starch, autolyzed yeast extract, hypromellose.

If pregnant, nursing, or you have a health condition, consult your healthcare practitioner before taking this product.