## Supplement Facts

Serving Size 2 Gummies (4 g) Servings per Container 45

	Amount per Serving	% DV
Calories	10	
Total Carbohydrates	3 g	1*
Total Sugars	2 g	**
Includes 2 g Added Sugars		4*
Vitamin B12 (methylcobalamin)	24 mcg	1000
Organic Ginger Root <sup>†</sup>	100 mg	* *
* % Daily Value (DV) based on a * * % Daily Value (DV) not estab	-	

† Includes Certified Organic Ginger Root from Kauai Organic Farms

**Other Ingredients:** Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Citric Acid, Sodium Citrate, Organic Beet Root Powder, Organic Coating to prevent sticking (Organic Sunflower Oil, Carnauba Wax).

**Suggested Use:** 2 gummies daily. May be taken anytime throughout the day, even on an empty stomach.